

# Blueberry Recipes

## **Chocolate Blueberry Smoothie** – US Highbush Blueberry Council

- 1 cup frozen blueberries
- 2 tsp cocoa powder
- 1 cup milk (of your choice)
- ¼ tsp vanilla
- 1 dash ground cinnamon
- 1 dash ground nutmeg
- 2 tsp maple syrup or agave

Blend all ingredients together until smooth. If desired, strain through a fine mesh strainer into a glass for a smoother texture.

Garnish with a few whole blueberries and serve immediately.